

Plant-Powered Days!

DID YOU KNOW THAT PLANT-BASED DIETS HAVE A SIGNIFICANTLY LOWER CARBON FOOTPRINT COMPARED TO MEAT-HEAVY DIETS? BY CUTTING BACK ON ANIMAL PRODUCTS, WE'RE REDUCING GREENHOUSE GAS EMISSIONS, CONSERVING WATER, AND PRESERVING PRECIOUS NATURAL RESOURCES. IT'S A SMALL CHANGE THAT MAKES A BIG DIFFERENCE!

